

# December Monthly Memo

YEAR

2023

MONTH

DECEMBER



## What's Happening at Bridges

A few dates to note for Bridges.  
Wednesday, December 8th is a half-day, and Bridges will run from 1:00-5:00.  
Wednesday, December 20th is the last day of Bridges for Session 2. School will run for a half-day on the 21st, but Bridges WILL NOT run. Enrollment for Session 3 of Bridges will open mid-December. Session 3 will not begin until January 8th, and therefore WILL NOT run for the first week after students return from break.

### December Dates:

Week of Dec. 11- Report Cards sent home via email  
Dec. 13- Half day 1:00 PM  
Dec. 18- Winter Arts Night 5:00-7:00pm  
Dec. 21- Half day 1:00 PM dismissal  
Dec. 22- Jan. 1- Winter Break

### December Breakfast and Lunch Menus

December Breakfast Menu

December Lunch Menu

## IMPORTANT LINKS

Northfield Ski Club

Connecting Hope Winter Warm-Up

NES Winters Art Night Flyer

CVSU Farm to School



## Northfield PTNO News:

Northfield Parent Teacher Neighbor Organization (PTNO) invites you to our monthly meeting!

When: Dec 12th @ 6:30-8PM

Where: Good Measure Pub & Brewery (Stay for Trivia after!)

Congratulations to Katina Lambert and Erin Fifield, our 2023 Teacher Grant Winners!

The Holiday Wishlist will go live on December 1st! You can shop for your favorite NES teacher or staff member this holiday season by checking out their list at <https://www.northfieldptno.org/home/donate>

Questions? Contact the Northfield PTNO at [northfieldptno@gmail.com](mailto:northfieldptno@gmail.com)

## Allied Arts News:

### Art Studio News from Julie:

We are so excited to share art work with you at our WINTER ART + MUSIC CELEBRATION on Monday, December 18th from 5:00-7:00pm for grades K-5. We hope to see you there! Donated recycled items: We are now collecting 16- 24 oz. disposable plastic water bottles that we will be upcycling into a beautiful work of NES art. We need one bottle per learner, so please send in extras if you have them. THANK YOU, NES Family, for your continued support and your generosity!

### News from the Nurse's Office:

The Holiday season is a time to relax and enjoy family. It is also a time when people tend to get sick with colds, the flu and Covid. Vaccinations for the flu and Covid 19 are the number one way to help keep healthy. Stick to your child's usual sleep and mealtime routines as much as possible and use moderation when it comes to sweets. Encourage covering those coughs and sneezes followed by frequent handwashing. Promote lots of fresh air and outside activities, making sure that kids are bundled up, dry and warm. Most important, stay home if you or a family member are feeling sick so that everyone can enjoy a Healthy Holiday!

### P.E. News from Mr. Gonneville:

Now that winter has arrived, the Northfield Elementary students K-5 will be snow-shoeing and/or cross country skiing for P.E. We require that all students in K-3 wear boots, gloves/mittens, snow pants, and a hat. Students grades 4-5 will be required to wear boots, gloves/mittens, warm pants or snow pants, and a hat.

On days that it is too cold to go outside we will be having our regular PE classes. We ask that the students bring sneakers. Boots are not acceptable footwear for PE class.

### Wellness News from Carly:

Wellness news from Ms. Carly:

It's no secret that parenting is stressful! I have fully experienced the ups and downs that come with raising children and have benefited myself from attending parenting workshops and webinars to understand how we impact each other and how to better navigate family issues. There are free opportunities for you to learn new strategies alongside other parents from the comfort and ease of your home in online parenting circles. If you prefer to learn alone then GoZen offers amazing programs for a small fee that can help you as well as your child learn to handle situations in healthier ways. No matter what, be gentle and forgiving with yourself and your family and keep trying your best to be mindful and clear in your communications.

